GOURMET FISHING

Season IV- Episode 15



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Abacos Bar & Grill's Chili-Lime Compound Butter



Host, Chef & Guide, David Murray

















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Abacos Bar & Grill Chili-Lime Compound Butter



Chili-Lime Compound Butter





Grocery List Chili-Lime Compound Butter

Unsalted Butter Serrano chili Pepper

Shallot Salt

Lime Zest Cayenne Pepper

Lime Juice



Chili-Lime Compound Butter Ingredients

Chili-Lime Compound Butter



½ stick (¼ cup) unsalted butter, (soft, room temperature)

1 Tbs finely minced Shallot

1 tsp finely grated fresh Lime Zest, 1 lime

2-3 tsp fresh Lime Juice

1 tsp + minced fresh Serrano chili Pepper (preferably red), including seeds

½ teaspoon salt

pinch Cayenne Pepper

Combine all together and using a rubber spatula, thoroughly mix into a smooth paste. Take a piece of plastic wrap and place the mixed butter in the middle. Pull one end of the wrap over the top and then roll the butter in the plastic wrap and twist the ends together to form a tube. Place in the refrigerator cool until firm.

This can be made a few days ahead of use.





We catch fish, and then, We cook our catch...









