

GOURMET FISHING

Season I - Episode SS5



SUPER-SHORTS



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Seafood Seasoning

Seafood Pluff Mud Rub



Host, Chef & Guide, David Murray



Seafood Seasoning

Seafood Pluff Mud Rub



1 Tbs Celery Seed

1 Tbs Black Pepper Corns

4 Whole Bay Leaves

1/2 tsp Cardamom

1/2 tsp Mustard Seeds

4 Whole Cloves

2 tsp Paprika

1/4 tsp Mace

1 tsp Salt

1 tsp Granulated Garlic

1/2 tsp Lime Juice Powder

Combine in a spice grinder or small food. Pulse 4 to 6 times for about 1 second per pulse. Check after 4 pulses for the consistency you desire. Do not over pulse. This will create a powder. Place in an air tight container.

Hope y'all enjoy...

